



MaineHealth Dept. of Psychiatry Grand Rounds

January 13, 2026

“Hormone Therapy as an Adjunct for the Treatment of Mental Health Disorders in Perimenopause and Menopause”

8:00 am – 9:00 am
VIRTUAL ONLY

Presented by:

Robin Noble, MD, MHCDS, MSCP, FACOG

Gynecology, InterMed PA
Chief Medical Advisor, Let's Talk Menopause

At the conclusion of this activity, participants will be able to:

- Determine how, when and why female reproductive hormones can impact mood
- Identify symptoms of perimenopause and menopause
- Consider hormonal treatment options as an adjunct to psychiatric management
- Discuss the changes in understanding of the risk/benefit analysis of menopausal hormone therapy, both local and systemic options



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